



TERRY M. LEVY, PH.D. P.C.  
LICENSED CLINICAL PSYCHOLOGIST

EVERGREEN PSYCHOTHERAPY CENTER PLLC  
Attachment Treatment and Training Institute PLLC

April 4, 2020

To Whom It May Concern:

Attachment is the deep and enduring emotional, social, and biological connection children and parents establish early in life. This emotional bond is the core of a child's world and the foundation on which life is built. Children learn how to think, feel, relate and communicate from the quality, safety and consistency of these attachment relationships.

Separation from a parent is typically very traumatic. For example, when children are deprived of contact with their mother, especially when they had an ongoing prior close relationship, they are likely to experience severe stress, anxiety, depression, and even medical problems. Research studies and clinical findings show that the severe and chronic stress associated with separation from a mother often results in high levels of fear and anxiety, impaired cognitive and brain function, and behavioral, emotional and social symptoms. As a psychologist who has provided therapy to these traumatized children for over 30 years, I have seen the devastating effects on their lives.

When possible, I recommend that children and parents maintain ongoing contact. When face-to-face contact is not possible, it is crucial to maintain the relationship via phone calls and/or video conferencing. These ongoing parent-child contacts can occur either supervised or unsupervised, depending on the situation. For example, maintaining an ongoing relationship between children and their mother can prevent current and future emotional, social, behavioral and physical problems for the children.

Sincerely,

Terry M. Levy, Ph.D., B.C.F.E.  
Licensed Clinical Psychologist  
Board Certified Forensic Examiner  
Director, Evergreen Psychotherapy Center



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Jan. 24, 2020

To Whom it May Concern:

This letter confirms that Jennifer Emmi participated in a psychotherapy program from Nov. 11 to 22, 2020. She completed a 30 hour psychotherapy program, and was highly motivated and engaged. She worked on psychological issues from her past, and successfully addressed prior trauma. She was rational, honest and open throughout the therapy. She displayed stability and ambition to have continued success.